

NUMEROLOGY WORKSHEET

BIRTH DATE:

MONTH

DAY

YEAR

example:

August

2

1948

8

+

2

+

1 + 9 + 4 + 8

=

10

+

22

=

32 / 5

Add the digits. Reduce to 1 digit and possibly a Master Number (11, 22, 33, etc.)

Life Path Number: _____

NAME AT BIRTH:

FIRST

MIDDLE

LAST

example:

ROSEMARY

ANN

BREDESON

9+6+1+5+4+1+9+7

1+5+5

9+6+2+5+9+2+1+6+5

42

+

11

+

45

= 98 / 17 / 8

Calculation:

Expression/Destiny Number: _____

Letter to Number Conversion Table:

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| A | B | C | D | E | F | G | H | I |
| J | K | L | M | N | O | P | Q | R |
| S | T | U | V | W | X | Y | Z | |